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Easy Oat Milk

Ingredients

- 1 C Old Fashioned Oats
- 4 C Water
- 1 -1.5 Tsp Vanilla (all up to you)
- 2 Tbs Simple Syrup
(or liquid sweetener of your choice)
- Dash of cinnamon (optional)

Utensils:

- High powered blender
- Strainer/cheesecloth/Coffee filter
- Jar for storage

Directions:

1. Put all ingredients in a high-powered blender until smooth
2. Strain over bowl
3. Pour liquid into jar
4. Refrigerate (up to 7 days)

Make sure to shake before use and...VOILA!



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